

## Respond Services

### THERAPY/COUNSELLING

Our experience shows us that the most positive outcomes for our service users are those where we have been providing consultancy and training to the supportive network alongside the psychotherapy. Staff are enabled to develop their approaches with more insight into the psychological needs of service users and changes arising from psychotherapy become better integrated into their everyday lives. Previously, training and consultancy alongside psychotherapy has been purchased on an ad hoc basis.

From April 2010 we will be implementing this formally as our model of working as we believe that this is the way to bring about long term change for the client. Respond now intends that new referrals will be provided with a full package of support, tailored to individual service user's needs. All new packages will include at least 1 day of training for staff and 2 x 2 hour consultancy sessions, per year, included in the basic therapeutic service. Some referrals may need an enhanced package and this will be discussed with referrers.

#### Prices

Psychotherapy Assessment and report	£350 for 1 session. Additional sessions may be necessary at £150 per session.
Minimum year of 1-1 psychotherapy (44 sessions), including training and consultancy for team	£7,700

\* please see the Young People's Services information pack with regards to the sliding scale for children.

### PARENTING ASSESSMENTS

We offer specialist parenting assessments for parents with learning disabilities where there may be child protection concerns. Assessment looks at the parent's capacity to provide "good enough" parenting and the support that might be needed to enable them to continue to care for their children. During the financial year 2010/11, if the client is referred for therapy following a parenting assessment, the first year's therapy (including 1 day's training & 2 x 2 hour consultations) would be offered at a reduced fee of £6,820 as opposed to the standard £7,700.

#### Prices

Per twelve week parent assessment including meetings and reports	£8,000
Each additional assessment session (if needed)	£400

### TRAINING

A variety of training course are available to individual workers, carers and teams. In-depth training is provided on such areas as: Introductory work with survivors of sexual abuse, risk assessment and management for alleged perpetrators of sexual abuse and the use of psychotherapy and counselling for people with learning disabilities who have experienced sexual trauma. External Training is specifically tailored to meet the purchaser's requirements and is delivered "on site" at the purchaser's premises. We also run a calendar of Internal Training courses throughout the year for individuals at our offices in Euston, London.

#### Prices

#### External Training

Number of Trainers	Statutory Organisations	Voluntary Organisations
1	£1,100	£950

#### Internal Training

	Statutory Organisations	Voluntary Organisations
Per Person	£150	£130

## CONSULTATION

Consultation is offered on a regular basis to teams and individual members of staff working with people with learning disabilities. These one-off sessions are conducted by senior members of Respond's clinical team. They usually take place at our London offices but staff can travel at extra cost. Consultation via Skype or other media is also available. Please contact us to discuss further.

### Prices

Consultation per hour	£150
-----------------------	------

## SUPERVISION

Regular supervision is provided to individual workers or small teams. This service encompasses clinical supervision of individual caseloads in addition to wider supervision on such issues as supporting survivors and perpetrators of sexual abuse in residential, day care settings, conducting sex education groupwork in a psychotherapeutic context and exploring the team dynamics evoked by working with traumatised clients.

### Prices

Individual workers – per hour	£75
Small teams (between 4 and 6 people) – per hour	£125
Open supervision group – per person	£60

## MULTI-DISCIPLINARY RISK ASSESSMENT

The standard assessment consists of 12 sessions with the client and other key individuals in order to explore allegations of sexual offending, sexually harmful behaviour or other forms of violence/aggression. All sessions are carried out by members of Respond's multi-disciplinary team. Clinicians use psychological assessment tools in the process, as well as examining in detail the client's family history, early development and learning disability. The cost includes a pre-Assessment and post-Assessment inter-agency meeting and a final report highlighting the level of risk, risk management solutions and the presence of any psychopathology. The report will also address areas such as levels of supervision, treatment and residential options. During the financial year 2010/11, if the client is referred for therapy following a risk assessment, the first year's therapy (including 1 day's training & 2 x 2 hour consultations) would be offered at a reduced fee of £6,820 as opposed to the standard £7,700.

### Prices

Per twelve week assessment including meetings and reports	£8,000
Each additional assessment session (if needed)	£400

## INVESTIGATIVE ASSESSMENTS

In this service a Respond clinician meets with the alleged survivor of sexual abuse and other key individuals in order to ascertain such issues as understanding the alleged incident and its impact. The assessment usually takes place over 12 sessions. The cost includes a pre-Assessment and post-Assessment inter-agency meeting and a final report including our opinion on whether abuse has taken place plus recommendations regarding the wellbeing of the client, their safety and possible treatment options.

### Prices

Per twelve week assessment including meetings and reports	£8,000
Each additional meeting	£400